

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defense/Sp

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 SCHOOL CLOSED NEW YEAR'S DAY	2 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	3 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	4 By Appointment Only	5 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
6 SCHOOL CLOSED	7 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	8 A Day: All Ranks 6:30pm – 8pm	9 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	10 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	11 By Appointment Only	12 Private Lessons 11:00am – 12:00pm 12pm – 1pm
13 SCHOOL CLOSED	14 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	15 A Day: All Ranks 6:30pm – 8pm	16 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	17 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	18 By Appointment Only	19 Private Lessons 11:00am – 12:00pm 12pm – 1pm
20 SCHOOL CLOSED	21 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	22 A Day: All Ranks 6:30pm – 8pm	23 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	24 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	25 By Appointment Only	26 Private Lessons 11:00am – 12:00pm 12pm – 1pm
27 SCHOOL CLOSED	28 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	29 A Day: All Ranks 6:30pm – 8pm	30 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	31 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45		

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defen

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 By Appointment Only	2 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
3 SCHOOL CLOSED	4 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	5 A Day: All Ranks 6:30pm – 8pm	6 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	7 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	8 By Appointment Only	9 Private Lessons 11:00am – 12:00pm 12pm – 1pm
10 SCHOOL CLOSED	11 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	12 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	13 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	14 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	15 By Appointment Only	16 Private Lessons 11:00am – 12:00pm 12pm – 1pm
17 SCHOOL CLOSED	18 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	19 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	20 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	21 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	22 By Appointment Only	23 Private Lessons 11:00am – 12:00pm 12pm – 1pm
24 SCHOOL CLOSED	25 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	26 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	27 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	28 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45		

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defense/Sparring

MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 By Appointment Only	2 Promotion Prep 9:30 – 11:am --- Private Lessons 11:00am – 12:00pm 12pm – 1pm
3 SCHOOL CLOSED	4 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	5 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	6 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	7 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	8 By Appointment Only	9 Private Lessons 10:00am – 11:00am --- Promotions All Ranks 11:00am – 3:00pm --- Promotion Lunch 3:00-4:00
10 SCHOOL CLOSED	11 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	12 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	13 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	14 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	15 By Appointment Only	16 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
17 SCHOOL CLOSED	18 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	19 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	20 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	21 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	22 By Appointment Only	23 Private Lessons 11:00am – 12:00pm 12pm – 1pm
24 SCHOOL CLOSED	25 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	26 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	27 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	28 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	29 By Appointment Only	30 Private Lessons 11:00am – 12:00pm 12pm – 1pm
31 SCHOOL CLOSED						

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defense/Sparring

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	2 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	3 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	4 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	5 By Appointment Only	6 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
7 SCHOOL CLOSED	8 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	9 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	10 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	11 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	12 By Appointment Only	13 Private Lessons 11:00am – 12:00pm 12pm – 1pm
14 SCHOOL CLOSED	15 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	16 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	17 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	18 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	19 By Appointment Only	20 Private Lessons 11:00am – 12:00pm 12pm – 1pm
21 SCHOOL CLOSED	22 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	23 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	24 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	25 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	26 By Appointment Only	27 Private Lessons 11:00am – 12:00pm 12pm – 1pm
28 SCHOOL CLOSED	29 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	30 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm				

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defense/Sparring

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	2 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	3 By Appointment Only	4 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
5 SCHOOL CLOSED	6 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	7 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	8 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	9 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	10 By Appointment Only	11 Private Lessons 11:00am – 12:00pm 12pm – 1pm
12 SCHOOL CLOSED	13 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	14 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	15 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	16 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	17 By Appointment Only	18 Private Lessons 11:00am – 12:00pm 12pm – 1pm
19 SCHOOL CLOSED	20 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	21 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	23 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	23 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	24 By Appointment Only	25 Private Lessons 11:00am – 12:00pm 12pm – 1pm
26 SCHOOL CLOSED	27 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	28 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	29 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	30 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	31 By Appointment Only	

A Day Focus = Advanced Tai Chi/Kung Fu/Self Defense/Escrima B Day Focus = Qi Gong/Jujitsu/Iron Body/Kung Fu/Self Defense/Sparring

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Promotion Prep 9:30 – 11:am --- Private Lessons 11:00am – 12:00pm 12pm – 1pm
2 SCHOOL CLOSED	3 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	4 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	5 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	6 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	7 By Appointment Only	8 Private Lessons 10:00am – 11:00am --- Promotions All Ranks 11:00am – 3:00pm --- Promotion Lunch 3:00-4:00
9 SCHOOL CLOSED	10 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	11 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	12 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	13 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	14 By Appointment Only	15 Spar Wars 9:30 – 11:am --- Tai Chi All Levels 11:00am – 12:00pm
16 SCHOOL CLOSED	17 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	18 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	19 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	20 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	21 By Appointment Only	22 Private Lessons 11:00am – 12:00pm 12pm – 1pm
23 SCHOOL CLOSED	24 A Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	25 A Day: All Ranks 6:30pm – 8pm --- Beginner Tai Chi 5:30pm – 6:30pm	26 B Day: All Ranks 6:30pm – 8pm --- Advanced Tai Chi 5:30pm – 6:30pm	20 B Day: All Ranks 6:30pm – 8pm --- Advanced Ranks 8-8:45	28 By Appointment Only	29 Private Lessons 11:00am – 12:00pm 12pm – 1pm
30 SCHOOL CLOSED						